



MONTH	Week 1 - Yellow
	Week 2 - Blue
	Week 3 - Green
	School Holiday
	Public Holiday



SCHOOL MENUS

Summer Term 2019



APRIL	M	8	15	22	29
	Tu	9	16	23	30
	W	10	17	24	
	Th	11	18	25	
	F	12	19	26	

MAY	M		6	13	20	27
	Tu		7	14	21	28
	W	1	8	15	22	29
	Th	2	9	16	23	30
	F	3	10	17	24	31

JUNE	M	3	10	17	24
	Tu	4	11	18	25
	W	5	12	19	26
	Th	6	13	20	27
	F	7	14	21	28

JULY	M	1	8	15	22
	Tu	2	9	16	23
	W	3	10	17	24
	Th	4	11	18	25
	F	5	12	19	26

Recipes	Monday	Allergen	Tuesday	Allergen	Wednesday	Allergen	Thursday	Allergen	Friday	Allergen
Main:	Cheesy pasta with bacon & peas	2, 4, 7	Golden crumb turkey dinosaur served with potato wedges	2, 4, 7	Sausage & chips	2	Roast gammon, apple sauce & gravy with roast potatoes	1, 2, 4, 7, 13	Chicken breast strips served in a BBQ sauce with rice	1, 2, 7, 13
Vegetarian:	Sweet potato and lentil curry with brown/white rice	1, 2	Crumbed vegetable burger served in a bap	2, 4, 7	Vegetarian sausage & chips	2	Lentil roast, apple sauce & gravy with roast potatoes	1, 2, 4, 7, 13	Quorn chicken pieces served in a BBQ sauce with rice	1, 2, 4, 7, 13
Jacket:	Jacket potato with beans (v)		Jacket potato with chicken mayo	4	Jacket potato with ham & cucumber		Jacket potato with a pizza topping (v)	7	Jacket potato with a mild curry sauce (v)	2, 7
Vegetables:	Roasted vegetable medley		Sweetcorn & spaghetti hoops	2	Salad sticks		Fresh seasonal vegetables		Peas & carrots	
Bread:	Wholemeal slice	2	Wholemeal slice	2	Wholemeal bread	2	Wholemeal bread	2	Wholemeal slice	2
Salad bar:	Available		Available		Not available		Not available		Available	
Dessert option 1:	Sticky toffee pudding	2, 4	Apple & blackberry crumble & ice cream	2, 7	Coconut shortcake & milkshake	2, 4	Jelly & fruit		Cocoa krispie	7
Dessert option 2:	Organic yoghurt or melon slices	7	Thick & creamy yoghurt or melon and strawberries	7	Organic yoghurt or fruit salad	7	Yoghurt or whole fruit	7	Organic yoghurt or fruit salad	7

Recipes	Monday	Allergen	Tuesday	Allergen	Wednesday	Allergen	Thursday	Allergen	Friday	Allergen
Main:	Homemade chicken curry served with brown/white rice	2, 7	Homemade pasta bolognese served with garlic bread	2, 7	Salmon fish fingers & chips	2, 5	Roast turkey, roast potatoes, stuffing & gravy	1, 2, 7, 13	Sausage roll served with potato wedges	2, 4, 7
Vegetarian:	Homemade vegetarian wholemeal pasta bake	2	Homemade sweet potato, butternut squash & pasta soup	2	Cheese bites & chips	2, 7	Vegetarian muffin, roast potatoes, stuffing & gravy	1, 2, 7, 13	Cheese & onion pasty served with potato wedges	2, 4, 7
Jacket:	Jacket potato with tuna mayo	4, 5	Jacket potato with chicken mayo	4	Jacket potato with curry sauce (v)	2, 7	Jacket potato with cheese (v)	7	Jacket potato with beans (v)	
Vegetables:	Sweetcorn		Fresh carrots		Salad mix		Seasonal fresh vegetable mix		Baked beans	
Bread:	Crusty slice	2	Wholemeal slice	2	Wholemeal bread	2	Bread sticks	2	Wholemeal bread	2
Salad bar:	Available		Available		Not available		Not available		Available	
Dessert option 1:	Homemade madeline sponge & cream	2, 4, 7	Chocolate shortcake & milkshake	2, 7	Mini fruit muffins	2, 7	Angel delight	7	Homemade fruit flapjack	2
Dessert option 2:	Organic yoghurt or fruit salad	7	Fruit yoghurt or fruit salad	7	Organic yoghurt or fruit bowl	7	Assorted yoghurt or fruit salad	7	Mixed fruit yoghurt or melon slices	7

Recipes	Monday	Allergen	Tuesday	Allergen	Wednesday	Allergen	Thursday	Allergen	Friday	Allergen
Main:	Homemade pepperoni pizza served with potato wedges	2, 7	Pork & beef meatballs in gravy with brown/white rice	1, 2, 7, 13	Chicken nuggets & chips	2	Roast sausage in yorkshire pudding, roast potatoes & gravy	1, 2, 7, 13	Macaroni cheese served with a crusty slice (v)	2, 7
Vegetarian:	Homemade cheese & tomato pizza served with potato wedges	2, 7	Quorn tortilla served with brown/white rice	2, 4	Vegetable fingers & chips	2	Quorn sausage in yorkshire pudding, roast potatoes & gravy	1, 2, 4, 7, 13	Vegetable burger in a bun	2, 7
Jacket:	Jacket potato with beans & sweetcorn (v)		Jacket potato with cheese (v)	7	Jacket potato with cheese & beans (v)	7	Jacket potato with chicken mayo	4	Jacket potato with tuna mayo	4, 5
Vegetables:	Beans & sweetcorn		Fresh carrots & broccoli		Salad sticks		Seasonal fresh vegetables		Fresh carrots	
Bread:	Wholemeal slice	2	Wholemeal slice	2	Wholemeal slice	2	Wholemeal slice	2	Wholemeal slice	2
Salad bar:	Available		Available		Not available		Not available		Available	
Dessert option 1:	Apple & coconut flapjack & juice	2, 7	Fruit gateau & cream	2, 4, 7	Cocoa brownie	2, 4, 7	Pancakes & fruit sauce	2, 7	Marbled shortcake	2, 7
Dessert option 2:	Organic yoghurt or melon & orange	7	Mixed fruit yoghurt or fruit salad	7	Mixed fruit yoghurt or fruit salad	7	Organic yoghurt or mixed fruit salad	7	Organic yoghurt or whole fruit	7

Allergenic ingredients key

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur dioxide