Can I convert between units of time?

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| **Units of Time** |
| 60 seconds = 1 minute60 minutes = 1 hour24 hours = 1 day | 7 days = 1 week12 months = 1 year365 days = 1 year |

Conversion diagrams:

÷ 60

÷ 60

 **secs mins mins hours**

x 60

 x 60

Step 1

Write out the measurements you need, thinking about how many of one are in the other. For example, if you are converting seconds to minutes, you need to know that there are 60 seconds in a minute. Use the appropriate conversion diagram to help you.

What is 240 seconds in minutes?

240 ÷ 60 = 4 minutes

÷ 60

 **secs mins**

 x 60

Your turn

