

Parenting through the Primary Years

**A chance to discuss with other parents
the joys and difficulties
of being a mum, dad or carer
and to help each other**

Includes : communication, emotions, coping strategies, safety, independence and more....

Please come along for a cuppa and a chat

**starting on Thursday 26th September 2019
from 1.45pm until 3.15pm
at St Joseph's Primary School, Exmouth**

For further details: please contact Sarah Keeping or the school office



*Putting Children
First.*

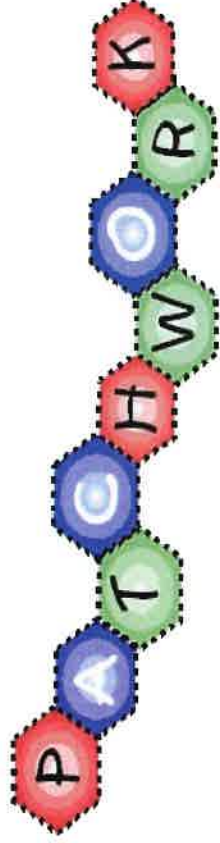
Patchwork Parenting
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Registered Charity No.
282803
Limited by guarantee.
Registered in England



Patchwork

Working alongside Parents and their Children



PARENTING THROUGH THE PRIMARY YEARS

This is a chance to discuss with other parents the joys and difficulties of being a mum, dad or carer, and to help each other.
Nobody will be there to tell you what to do.

Sessions will take place at St Joseph's Primary, Exmouth
on Thursday afternoons in the Autumn Term 2019
on the following dates:

Thursday 26th September 1.45- 3:15pm: All about you

Thursday 3rd October 1.45- 3:15pm What children need

Thursday 10th October 1.45- 3:15pm The feel good factor

Thursday 17th October 1.45- 3:15pm Are you listening?

Thursday 31st October 1.45- 3:15pm Behaviour we don't like

Thursday 7th November 1.45- 3:15pm: Safety and independence



**Please come along for a cuppa and chat
It will be wonderful to see you there**
**Caroline Hambly– Patchwork Parenting Facilitator
Sarah Keeping—SENCO**



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PARENTING THROUGH THE PRIMARY YEARS

I would like to attend the series of six
Patchwork Parenting Sessions at
St Josephs RC Primary in the Autumn
Term 2019 starting on Thursday 26th
September @ 1.45pm.

Name:

Tel:

Signed _____

Please return this slip to Sarah Keeping or
the school office by 20th September 2019

[Places will be allocated on a first-come
first-served basis. Maximum of 10 places]