



St Joseph's Spread the happiness Advent Calendar 2021

11th December Hide a kind note for a member of your family or friend to find.	23rd December Help with some cooking.	25th December Tell everyone in your family how much you love them and have a wonderful day.	14th December Smile at everyone you pass in the corridor.	7th December Do your homework or some reading without being asked.
5th December Invite someone different to play with you at playtime.	16th December Recycle 3 things.	13th December Say thank you to the dinner ladies for helping to look after you.	3rd December Tell silly jokes to a friend to make them laugh.	18th December Talk to someone who is on their own at playtime.
20th December Say thank you to your teachers and teaching assistants for everything they do and wish them a Merry Christmas.	1st December Give everyone in your family a big hug and tell them how much you love them.	6th December Send a card or picture to your local hospital, fire station or care home wishing them a Merry Christmas.	17th December Do a chore at home to help out.	22nd December Take 10 minutes just to sit quietly and think of all the great things you have achieved this year. Be proud of yourself.
9th December Make and hide a smile stone for someone in the community to find.	19th December Surprise someone with an unexpected act of kindness.	2nd December Put some food out for the birds.	24th December Write down 5 things you are really grateful for.	12th December Let someone else choose what game to play and join in happily.
15th December Tidy your room without being asked.	8th December Write a poem or draw a picture for someone in your family.	21st December Donate an old toy to charity.	10th December Pick up some litter.	4th December Design and make a Christmas card for a friend or relative.

