Devon County Council put nearly a million pounds into training Devon schools about **THRIVE**

and £30,000 into training Exmouth Academic Learning Community staff alone!

To encourage the awareness of this initiative, we are running recap sessions for our staff at WITHYCOMBE RALEIGH CHURCH OF ENGLAND SCHOOL and invite anyone within Exmouth and environs to attend and learn more about the benefits of this way of interacting with children, indeed with anyone!

THRIVE explains behaviour in terms of brain science.

We will look at the developmental stages of the brain, the chemicals that effect change and how that affects an individual’s behaviour. We will recap strategies to help young people understand why they act the way they do and how to mend developmental ‘holes’ and prepare them for healthy interactions which will enable them to be emotionally equipped for coping in the classroom, in society and at home.

We can look at readiness to learn and behaviours that inhibit this, which can be exhibited by a loss of focus or concentration, aggressive outbursts or withdrawing, amongst others.

All behaviour is communication, and THRIVE enables us to see where the child is communicating in unhelpful ways and how to help them deal with the stress they feel. In this way, they can express themselves more appropriately and their emotional needs are more likely to be met. This will benefit them in every way and particularly in order for them to progress educationally.

Every child should be able to maximise their learning potential. Can you think of some who are not? Come and learn how THRIVE can help ☺

FRIDAY 21ST OCTOBER 2016

1:30 – 3pm, repeated 3:30 – 5pm

☺ NO CHARGE – REFRESHMENTS INCLUDED! ☺

**THRIVE can be used:-**

* to understand how a brain develops emotional regulation,
* to help a child understand themselves and learn a vocabulary for explaining their feelings,
* as a group or 1:1 intervention,
* to take the ‘emotional temperature’ of an individual, class or whole school,
* to monitor progress (data on improvement in managing their emotions)
* to help families understand each other and improve home dynamics
* to increase resilience
* to show how tiny tweaks to planning can help individuals manage their behaviour
* as a common language for staff and parents to discuss emotional difficulties

☺ THERE WILL BE FURTHER SESSIONS RUNNING IF YOU WOULD LIKE TO LEARN MORE ☺

To book a place, please call Clare Hollingsworth on 01395-263397 ext2 and leave a message ☺ Thank you. ☺